

Silverton Primary School Wellbeing Handbook



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VISION STATEMENT

Silverton Primary School is committed to providing a learning environment and educational programs which will motivate, challenge and support students to become resilient learners.

The school aims to maximise student potential and instil gratitude in a safe and empathetic community, in which student voice and curiosity is valued; as is academic achievement, positive relationships, and cultural diversity. The rights of all are highly valued and respected.





SCHOOL OATH

I will have pride in
Silverton Primary
School and obey
the school rules.

I will be a good
citizen and
respect others.

I promise to
protect and care
for the
environment

I will be the best
person I can.

I will aim for
excellence.



WELLBEING PHILOSOPHY

Silverton Primary School is a community that promotes student wellbeing, inclusion and positive relationships so that students can reach their full potential. We believe that health and wellbeing is at the centre of performance and growth and therefore we ensure our values and programs meet the diverse needs of our school community. Our school works closely with our students, parents/carers and health specialists to implement and improve wellbeing initiatives. We use the School Wide Positive Behaviour Support Framework to develop students social, emotional, behavioural and academic needs.

Staff consider the needs of all children and recognise the importance of cultural awareness and the safety and wellbeing of all students. Additional support is provided for students through Individual Learning Plans, Behaviour Support Plans, differentiated learning and support from our wellbeing team. Silverton Primary School ensure all students feel valued, empowered, and have student voice across all aspects of their learning and wellbeing needs.

The wellbeing of our students starts in the Learning Centres, where a focus of strong positive relationships is fostered with all teachers. The classroom teacher plays a major role in the wellbeing support of each student. In addition, we have a Wellbeing Co-ordinator and Disability and Inclusion Leader who offer support to students, teachers and parents. Our aim is for all students to feel connected and supported at school in order to achieve their full potential.

Our wellbeing programs are extensive, ensuring we cater to all of our students needs through a variety of programs. Our programs range from our Start Up Program, where we focus on building strong positive relationships across the school, to breakfast club in the morning, making sure all of our kids have breakfast before they start their school day. Our recess and lunch time clubs run every day with a variety of different activities offered to suit the needs of our students.

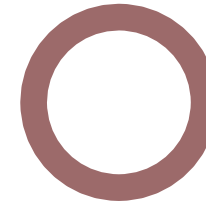


WELLBEING STAFF

We have two teachers who are dedicated to student wellbeing.

Diane Rickard is the Disability and Inclusion Leader.

Robyn Howard is the SWPBS leader and attendance coordinator.



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Silverton School Wide Positive Behaviour Matrix

ALWAYS			
Always try my best Be organised, on time and ready to learn Ask adult permission to leave a learning space Speak kindly and appropriately and use good manners	Keep hands, feet and objects to ourselves Be in the right place at the right time Keep ourselves, others and objects safe Pack up after myself and keep my learning space neat and tidy	Show full body listening Follow the instructions of the adults in charge Ask for help when it is needed	Treat school resources/property/equipment correctly Ask permission to use other people's property Walk in learning spaces Eat and drink at designated times
Outside Spaces (Play Areas / Oval / Canteen / Car Parks)	ICT / Online	Toilets	Excursions / Incursions
Wear hats when outdoors (Term 1 and Term 4) Stay within the school grounds Follow the rules of the games Include others Walk in the courtyard Take care of the plants and animals Line up calmly when the music plays Wait your turn at the canteen See a yard duty teacher if you, or someone else, needs help Sit, eat, bin, play Put rubbish in the correct bin Move respectfully between spaces	Act responsibly with technology Use technology as a learning tool for educational purposes Charge technology and put laptops/iPads away on the trolley Keep passwords private Be mindful of your digital footprint Use appropriate language Be kind and mindful of others Tell an adult if we see inappropriate things	Ask a teacher for permission to go to the bathroom Use the toilets for their intended purpose Flush toilets after use Wash hands Go to the toilet during recess and lunch breaks Leave the toilets clean Give people privacy One person per toilet	Be respectful and quiet Raise hands to ask questions or make comments Be ready to participate Take care of the equipment Be willing to try new things Respect property, spaces and environments Arrive on time

Be respectful. Be safe. Be a learner.

Gratitude Resilience

Curiosity

Respect Empathy

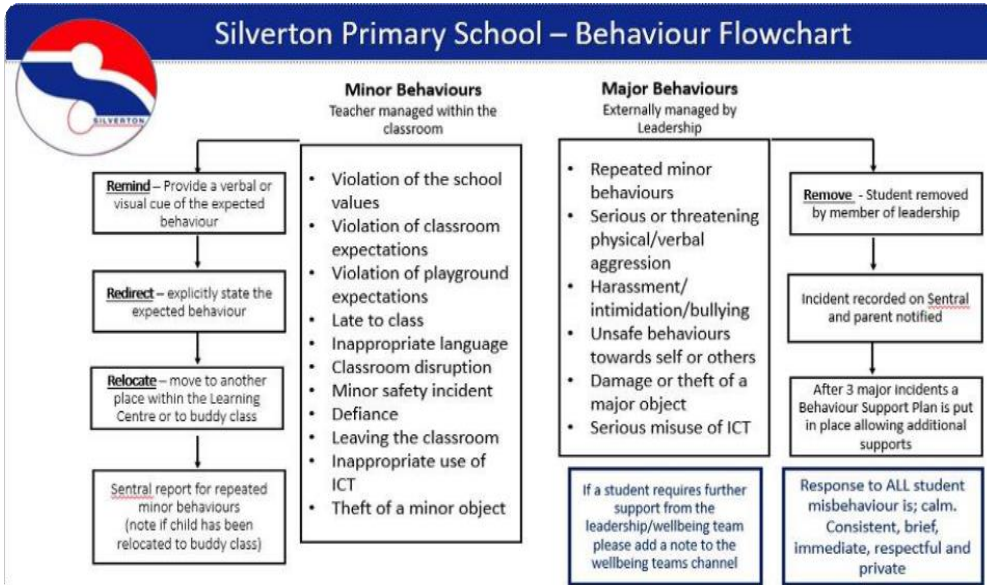
Remind - Redirect - Relocate - Remove

SCHOOL WIDE POSITIVE BEHAVIOUR SUPPORT FRAMEWORK

Silverton Primary School adopts a School Wide Positive Behaviour Support (SWPBS) framework to bring together our school community to develop positive, safe and supportive learning cultures. The framework aims to improve social, emotional, behavioural and academic outcomes for our students.

With a focus on expectations and values, the SWPBS framework ensures students demonstrate increased respectful and positive behaviour, have increased time focused on instruction and an improved social and emotional wellbeing. Staff and students use a common language to discuss behaviour. Our school philosophy emphasises the need to teach appropriate behaviour much like academic learning.

We have developed a continuum of procedures to discourage inappropriate behaviour and a matrix of expected behaviours used by all staff and students.



SCHOOL VALUES

We have five school values that were created by our Silverton Community; Resilience, Empathy, Curiosity, Gratitude and Respect.

Each term the school focuses on one value, with curiosity being taught throughout the year. We use time during our 'slow starts' (ten extra minutes with our classroom teacher in the morning) to discuss our values and what they mean to our school.

Our values are also explicitly taught in our Start Up Program and designated wellbeing class time.

Each month our staff nominate students displaying the school values, all students nominated receive an award at assembly.



Resilience



Silverton Primary School students show resilience through perseverance and determination even when they are faced with a challenge. They display a growth mindset and demonstrate problem solving skills. Students who are resilient are willing to give things a go when moving out of their comfort zone, especially when trying something new. They are always proud of their efforts. Resilient students are flexible in their thinking, willing to work with a range of different people and use a variety of different coping strategies.

We are brave We keep trying We are persistent

We move forward We have a growth mindset

We use problem solving skills We are self-aware

We are flexible with our thinking

Silverton Primary School students show gratitude by being thankful and appreciative of our school community. They are grateful for the amazing opportunities they have and the diverse learners at our school. Students who are grateful take on challenges and live in the moment; always sharing and celebrating theirs and other successes. They are accepting of everyone and acknowledge the positives in their own life. Students display gratitude by listening to each other and taking on diverse opinions whilst having a growth mindset.

Gratitude



We are thankful We don't take things for granted

We value our things We have a positive mindset

We are grateful for our school community

We share and celebrate other people's success

We are accepting of all people We live in the moment

Silverton Primary School students show respect by treating each other with kindness, regardless of our differences. They show pride in their work and their school. Respectful students use manners, follow the school expectations and treat others fairly. They are compassionate and empathetic; always being mindful of their actions and other people's feelings.



Respect

We listen and treat others kindly We embrace all cultures

We have manners We help out when needed

We follow the school expectations We are compassionate

We value other's opinions and thoughts

Empathy

Silverton Primary School students show empathy by recognising other people's emotions and understanding how someone else might be thinking or feeling. Empathetic students show emotional intelligence and understand the impact they have on other people. They are inclusive, kind and caring; accepting of everyone's differences. Students who are empathetic share their successes and celebrate the achievements of others openly.



We show kindness We are good listeners
We are respectful We are accepting of everyone
We can identify our feelings We are supportive
We understand how other people feel
We treat others how we want to be treated

Curiosity



Silverton Primary School students show curiosity when exploring new learnings. They dream big and challenge themselves through thoughtful listening and questioning. Curious students are brave and never give up, showing their determination when they are faced with a new idea. They are investigators who are inquisitive about their learning and passionate about their projects. Curious students celebrate differences and take on diverse perspectives with new discoveries.

We are curious We are open minded We are brave

We try new things We are dreamers

We listen carefully and ask questions

We are risk takers We challenge our own thinking

POSITIVE REINFORCEMENTS AND REWARDS



The purpose of rewarding and acknowledging positive behaviour is to help promote our school values, increase positive behaviours and enhance the students' sense of community.

Rewards include praise, positive reinforcement, stickers and stamps, house points, emails home to parents/carers, #SSS bands, Student of the Week awards and Value Adder awards.

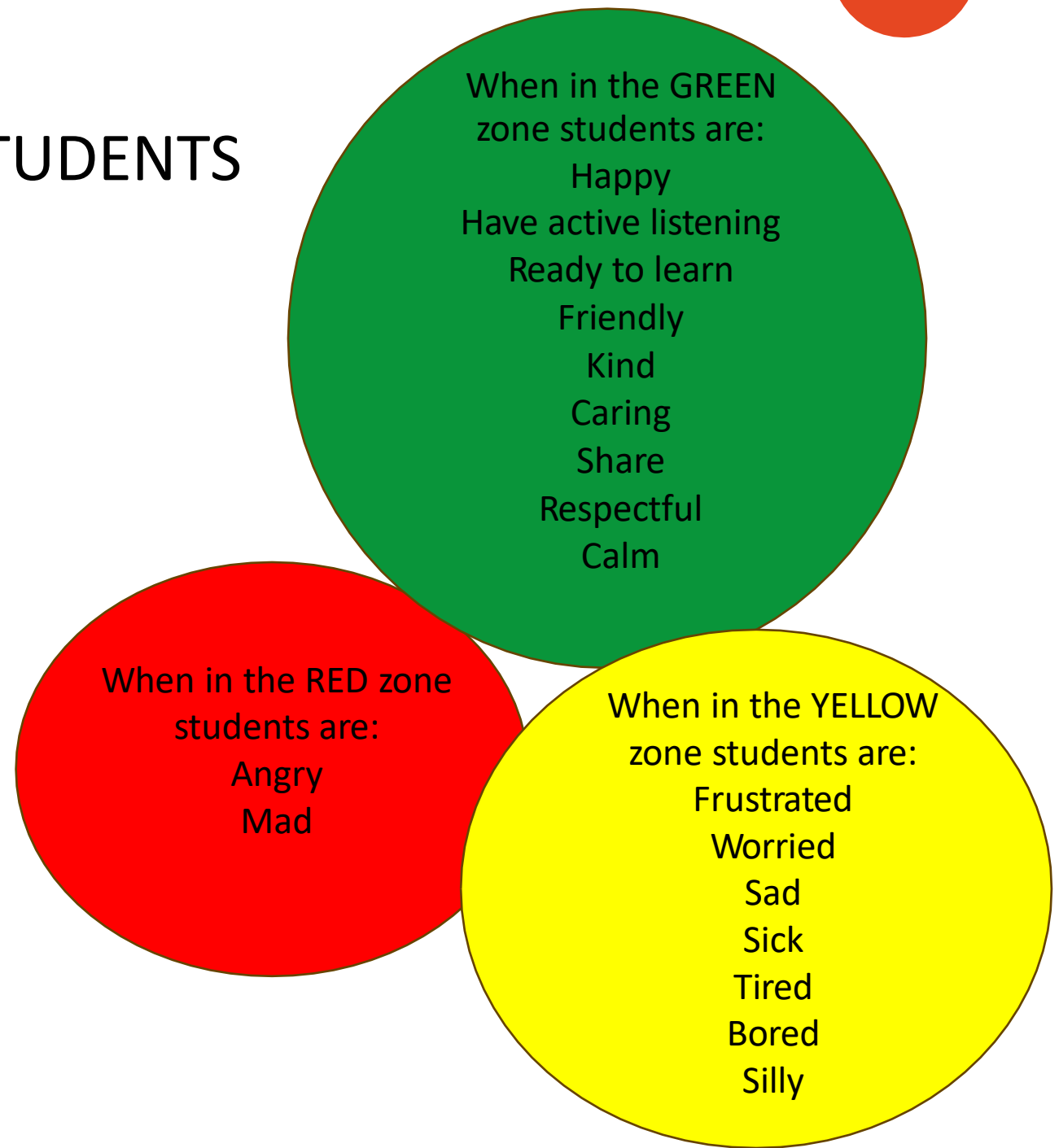
One person is chosen from this list to be the Silverton Primary School Value Adder of the month. This student receives an award, medal and photo in the newsletter.



#SSS- SILVERTON SUPER STUDENTS

The #SSS program helps our students understand their emotions and feelings and attempts to help students regulate their behaviour through the 3 coloured zones with the help of teacher prompts and assistance.

When students are in each zone, they display different emotions and have different needs. Teachers use this knowledge to help students understand their emotions and get them ready to learn. Students emotions and ability to regulate will change throughout the day, and it's important to acknowledge this. Our aim is to have our students in the green zone and ready to learn.





START UP PROGRAM

The first two weeks of every school year are dedicated to building relationships. This includes students building relationships with their peers as well as staff.

This time includes a House Day where students will work across year levels and complete a range of activities in their nominated House Group (colour).

Students take part in a range of activities teaching our school values- resilience, empathy, curiosity, gratitude and respect.

EARLY BIRD READING

Our Early Bird Reading program offers students the opportunity to read with other students from Silverton Primary School. The program is designed for the Grade 5/6 students to be the experts who listen to the Foundation-Grade 2 students read. This program runs Tuesday-Friday in Learning Centre 4 (to encourage the Foundation students to explore the school and feel comfortable in all Learning Spaces) from 8.40-8.55am. Early Bird Reading is supervised by staff each morning.



BREAKFAST CLUB

Breakfast Club is run out of Learning Centre 4 Tuesday - Friday mornings from 8.40am - 9am.

The school supplies breakfast which includes cereal, toast and fruit to all students who attend.

This program is run through the help of volunteers, a Breakfast Club Leader and other Silverton staff.



SILVERTON STUDENT COMMITTEE (SSC)

The SSC is a committee elected by students. Every class in the school has one representative on the committee to voice their classes opinions and thoughts.

The SSC meet during recess or lunchtime, once a fortnight, to discuss issues such as how to improve the school, fundraising ideas, feedback from their class, or whole school events.





STUDENT LEADERSHIP ROLES

There are many opportunities for the senior students at Silverton Primary School to become involved as a School Leader. In such roles, the students are invited to participate in activities that will assist them in developing their leadership skills.

The students are identified through a selection process. In their roles they contribute to the school and develop their personal character and leadership skills.

The Silverton Leadership Team includes:

- School Captains and Vice Captains
- House Captains
- Sports Captains
- #SSS Captains
- Visual Arts Captains
- Environmental Captains
- Performing Arts Captains
- Media Arts Captains
- STEM Captains



BUDDY PROGRAM

The Buddy program is designed to help give our grade 5 students leadership experience, be a role model and take on responsibility. It allows our new Foundation students to have someone to look up to, a good role model and another 'friend' to start their journey at Silverton. The buddy program runs several times per term where the Foundations and Grade 5's get the opportunity to meet up and participate in small activities.



RECESS & LUNCH CLUBS – Monday 2 nd Oct, 2023		
	RECESS 11.00-11.30	LUNCH 1.45-2.15
MONDAY		Computer Club for years 3-6 in LC4: Mr Palamara Sport Club in Gym: Mr Blundell Board Games/Drawing/Origami in LC5: Mrs Howard Children's University: Mr Ong & Mr Keng
TUESDAY		Computer Club for years 3-6 in LC4: Miss Plasencia Board Games/Drawing/Origami in LC5: Mrs Parra Just Dance Club in Activities Room or STEM Room: Miss Molly Environmental Club: Mrs Blake
WEDNESDAY		Computer Club for F-2 in LC1: Miss Devine Board Games/Drawing/Origami in LC5: Mrs Wallis Environmental Club: Mrs Blake
THURSDAY	Chess Club in Front Portable: Miron	Computer Club for F-2 in LC1: Mrs Parra Chess Club in Front Portable: Miron STEM Club in STEM Room: Mr Tang Board Games/Drawing/Origami in LC5: Mrs Howard
FRIDAY		Board Games/Drawing/Origami in LC5: Miss Degering Mario Kart Club in STEM Room: Mr Tang Rocket League in Science Room: Mr Peterson

RECESS AND LUNCH TIME CLUBS

Silvertown prides itself on the variety of extra curricular activities we offer to our students.

These activities are designed to help teach our students new skills, build on skills they already have, make new friends, and try new things.

The programs are run by teachers, students and volunteers.

The activities offered at Silvertown change every term so please see the website for a current timetable.