



BK's

GYMNASTICS

Enrol Now



BK's Gymnastics Noble Park
Unit 3/450 Princes Hwy Noble Park
North 3174
(03) 9729 6516
noblepark@bkgymswim.com.au

Proudly partnering with



An initiative by





1-5 years old

Our Little Stars programs are for children aged 1 to 5 years (parent assisted for children 1-3 years old). One essential aspect of growing up is being prepared for what's next!

BK's Gymnastics Little Stars programs are fun gymnastics programs for pre-school aged children, teaching skills little ones need for a successful future.



5-8 years old

Our Gym FUNdamentals programs are suited for children 5-8 years who want to have fun whilst developing gymnastics skills, learning cool tricks and, most importantly, how to do them safely!

The objective of these classes is to continually enhance ability by progressing through a wide range of gymnastics movement across all apparatus.

Every class follows a program based on a specific set of skill competencies, ensuring gymnasts are developing strong foundations from the ground up.



8-13+ years old

These classes will teach the skills of gymnastics in a non-competitive and fun environment with a focus on developing coordination, strength, flexibility, and balance. As they progress through levels 1-10, they will learn how to tumble, trick and twist under the instruction and encouragement of experienced and qualified coaches.

Gymnasts can progress through levels of skills and can choose to display their skills and routines in fun, participation-based carnivals. Club Gym is ideal for children who want to gain the movement benefits of gymnastics without committing to the intensity of a competitive program.



Competitive program

BK's All Star Academy offers the highest quality competitive artistic gymnastics training that will set your child up for success and assist them to reach their goals.

Our competitive stream provides gymnasts with a progressive pathway through the National Levels Program (levels 1 – 10). Competitive gymnasts will learn skills and routines on the apparatus* and will have the potential to compete at in-house, local, state and national competitions.



CREATIVE STAR!

4-DAY SCHOOL HOLIDAY PROGRAM

MON 29 SEPT - THURS 2 OCT

10.30AM-12PM

Ages
8-14

Join artist Rahila for a vibrant 4-day art workshop where children aged 8-14 years will explore painting, collage, and creative expression—ending with a mini exhibition to showcase their work!

Workshop Highlights:

- Explore different paint options for making collage sheets
- Create unique textured collage sheets using sponges, stamps & more
- Compose, paint, and complete your own mixed-media artwork
- 4 sessions | 1.5hrs each day between 10:30am-12pm
- Max 8 participants aged 8-14 years

Children will take home a finished artwork, new skills in layering, design, colour theory - and exhibition confidence!



REGISTER NOW

COST \$95 (INCLUDES ALL MATERIALS)

MACKIE RD NEIGHBOURHOOD HOUSE

36-42 MACKIE RD MULGRAVE 3170

MACKIERDNH.ORG.AU | 9548 3311 | INFO@MACKIERDNH.ORG.AU

SCHOOL HOLIDAY FUN



RAINBOW Tie Dye Workshop

Monday 22 SEPTEMBER 10am - 11.30am
Suitable for Ages 6 - 14

Get ready for a burst of colour and creativity!

In this fun-filled workshop, children will learn how to create their very own vibrant, rainbow tie-dye masterpieces. Kids will explore patterns, play with colour combinations, and take home a one-of-a-kind piece of



wearable art!

All materials supplied



36- 42 Mackie Road, Mulgrave 3170



Monday - Thursday 9.30am to 4pm

Friday 9.30am to 2.30pm

*please note we are not open public
holidays or school holidays



facebook.com/mackierdnh/



instagram.com/mackierdhouse/



info@mackierdnh.org.au

HOMework CLUB!

MON 8 & 15 SEP

Bring Your Homework – We're Here to Help!
Drop in for friendly, stress-free homework support!



AGES 5-12 YEARS
4:15PM-5:15PM



COST: \$10 for 2 classes
CASUAL \$5



AGES 13-16 YEARS
5:20PM-6:20PM



36- 42 Mackie Road, Mulgrave 3170



Monday - Thursday 9.30am to 4pm
Friday 9.30am to 2.30pm

**please note we are not open public
holidays or school holidays*



facebook.com/mackierdnh/



instagram.com/mackierdhouse



info@mackierdnh.org.au

Mulgrave Mambas Basketball Club

Summer 2025 / 2026 Boys & Girls

Registration Now Open



mulgravemambas.com.au

Registration closes 31 August 2025

Junior Domestic - Saturday Competition (GEBC)

11 Oct 2025 - 28 Mar 2026



Mulgrave Mambas



mulgravemambas

FREE



NOBLE PARK

COMMUNITY CENTRE

Art Show

20th Anniversary

Celebrating a Legacy Made Possible by You!

Junior Secondary 1st Prize - \$200

Junior Primary 1st Prize - \$200

Submit your best 2D artworks for display at this year's Art Show!

Noble Park Community Centre
Memorial Drive, Noble Park, 3174

Entries Accepted: August 1 - October 6 2025

Enter via www.npccartshow.org

No entry fee for junior artists.

Exhibition Dates: 17 -19 October 2025

Free Admission | Visit website for exhibition times