

BK's Gymnastics Noble Park Unit 3/450 Princes Hwy Noble Park North 3174 (03) 9729 6516 noblepark@bkgymswim.com.au

Proudly partnering with



An initiative by belgraviagroup



#### 1-5 years old

Our Little Stars programs are for children aged 1 to 5 years (parent assisted for children 1-3 years old). One essential aspect of growing up is being prepared for what's next!

BK's Gymnastics Little Stars programs are fun gymnastics programs for pre-school aged children, teaching skills little ones need for a successful future.



#### 5-8 years old

Our Gym FUNdamentals programs are suited for children 5-8 years who want to have fun whilst developing gymnastics skills, learning cool tricks and, most importantly, how to do them safely!

The objective of these classes is to continually enhance ability by progressing through a wide range of gymnastics movement across all apparatus.

Every class follows a program based on a specific set of skill competencies, ensuring gymnasts are developing strong foundations from the ground up.



### 8-13+ years old

These classes will teach the skills of gymnastics in a non-competitive and fun environment with a focus on developing coordination, strength, flexibility, and balance. As they progress through levels 1-10, they will learn how to tumble, trick and twist under the instruction and encouragement of experienced and qualified coaches.

Gymnasts can progress through levels of skills and can choose to display their skills and routines in fun, participation-based carnivals. Club Gym is ideal for children who want to gain the movement benefits of gymnastics without committing to the intensity of a competitive program.



#### **Competitive program**

BK's All Star Academy offers the highest quality competitive artistic gymnastics training that will set your child up for success and assist them to reach their goals.

Our competitive stream provides gymnasts with a progressive pathway through the National Levels Program (levels 1 – 10). Competitive gymnasts will learn skills and routines on the apparatus\* and will have the potential to compete at in-house, local, state and national competitions.











## CREATIVE STAR!

4-DAY SCHOOL HOLIDAY PROGRAM MON 29 SEPT - THURS 2 OCT 10.30AM-12PM

Ages 8-14

Join artist Rahila for a vibrant 4-day art workshop where children aged 8–14 years will explore painting, collage, and creative expression—ending with a mini exhibition to showcase their work!

### Workshop Highlights:

- Explore different paint options for making collage sheets
- Create unique textured collage sheets using sponges, stamps  $\operatorname{\mathscr{O}}$  more
- Compose, paint, and complete your own mixed-media artwork
- 4 sessions | 1.5hrs each day between 10:30am–12pm
- Max 8 participants aged 8-14 years

Children will take home a finished artwork, new skills in layering, design, colour theory - and exhibition confidence!





REGISTER NOW
COST \$95 (INCLUDES ALL MATERIALS)

MACKIE RD NEIGHBOURHOOD HOUSE 36-42 MACKIE RD MULGRAVE 3170

MACKIERDNH.ORG.AU | 9548 3311 | INFO@MACKIERDNH.ORG.AU

### SCHOOL HOLIDAY FUN





### RAINBOW Tie Dye Workshop

### Monday 22 SEPTEMBER 10am - 11.30am Suitable for Ages 6 - 14

Get ready for a burst of colour and creativity!
In this fun-filled workshop, children will learn how to create their very own vibrant, rainbow tie-dye masterpieces. Kids will explore patterns, play with colour combinations, and take home a one-of-a-kind piece of



All materials supplied

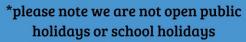




36-42 Mackie Road, Mulgrave 3170



Monday - Thursday 9.30am to 4pm Friday 9.30am to 2.30pm





facebook.com/mackierdnh/



instagram.com/mackierdhouse/



info@mackierdnh.org.au

# HOMEWORK CLUB MON 8 & 15 SEP

Bring Your Homework – We're Here to Help! Drop in for friendly, stress-free homework support!



AGES 5-12 YEARS 4:15PM-5:15PM



COST: \$10 for 2 classes CASUAL \$5



AGES 13-16 YEARS 5:20PM-6:20PM



- 36- 42 Mackie Road, Mulgrave 3170
- Monday Thursday 9.30am to 4pm Friday 9.30am to 2.30pm

\*please note we are not open public holidays or school holidays A:

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### NOBLE PARK

COMMUNITY CENTRE

Art Show



Celebrating a Legacy Made Possible by You!

Junior Secondary 1st Prize - \$200 Junior Primary 1st Prize - \$200

Sumbit your best 2D artworks for display at this year's Art Show!

Noble Park Community Centre Memorial Drive, Noble Park, 3174

Entries Accepted: August 1 - October 6 2025 Enter via www.npccartshow.org No entry fee for junior artists.

Exhibition Dates: 17 -19 October 2025
Free Admission | Visit website for exhibition times



